

# Expressive Arts @ 32nd & Thorn

**DAYS ARE GETTING  
LONGER & BRIGHTER!  
COME PLAY!**

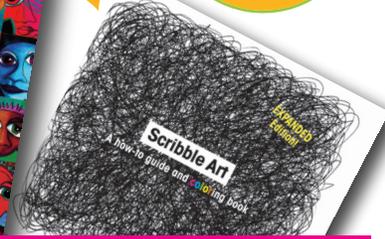
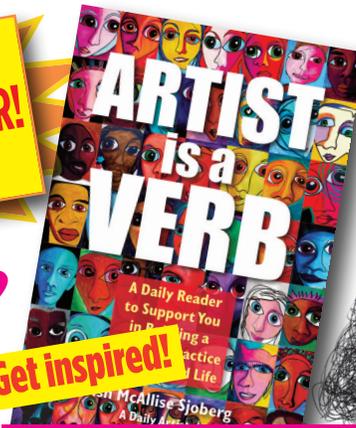
**READY TO START YOUR CREATIVE LIFE?**

Great GIFTS for yourself or another!

Books "Artist is a Verb" AND "Scribble Art"  
or a ONE CLASS PASS for an ART Experience Gift!

Available at the studio to inspire you or your loved ones to CREATE!  
Books available at the studio or order on-line at Amazon or local bookstores

**Get inspired!**



**NO  
PREVIOUS  
ART  
EXPERIENCE  
NEEDED!**

## In-Person Offerings



### Art Happy Hour

#### Art Happy Hour(s) May 9th

**6:00-9:30 p.m. \$30** (\$15 for Monthly Pass Holders) YOU MUST RSVP, SEATING IS LIMITED!  
COME RELAX THROUGH ART! Drop-in for all or just a little. We put out LOTS of materials, and prompts to get you started, you get to PLAY! Doodle, collage a vision board, paint, wander with art! Play like you are in kindergarten! Great for singles, couples/datenight, friends and adult family! NO ART EXPERIENCE NEEDED! Scan QR to RSVP or text Tish 619-251-9474



### Paint to Music!

#### \* Paint to Music - Every Wednesday

**6:00 - 7:30 p.m. • \$30** (Includes Open Studio 7:30 - 9:00 p.m. \$15 value)

Let the music move you to play with color and shape and get your creativity moving! When you work fast there is less time for the critic to jump in! No experience needed! This easy class will help you release stress from your day & have FUN! All materials included. **MUST PRE-REGISTER: SCAN QR CODE.**



### Writers' OPEN MIC

#### \* Writer's Open Mic

**Monthly 2nd Fridays, next is 3/13, 4/10, 5/8 - 7:00 - 9:00 p.m.**

\$15 donation appreciated. Bring something to read (5 minutes) or come to listen & support the writers. All kinds of written creative genius invited: poetry, prose, fiction, memoir, story, rant, scene. A supportive atmosphere for beginners to professionals.

REGISTER: SCAN QR CODE (above)



### Art Church

#### \* Art Church IN-PERSON Next is March 29th (5th Sunday), April 26th

**Usually 4th Sundays - (Text to confirm & RSVP - 619-251-8474) 10:00 a.m. - 12:15 p.m., \$30**  
This is "inner church," a chance to make art from a slow, quiet place, yet still be in community. Use the arts to have a conversation with yourself and connect to your longings and gifts. Find balance to bring into your week ahead. No art experience needed. (This is not religious, yet you can make connections to your own beliefs.) All materials included. Text 619-251-8474 to RSVP.



### MUSIC COLLECTIVE

#### \* Music Collective - 1st & 3rd Saturdays next is 3/7, 3/21

**6:00 - 9:00 p.m. • \$15 donation appreciated. (1st and 3rd Saturdays)**

Musicians • Singers • Songwriters • Audience • Play, jam, collaborate, network, get feedback, listen, experiment, try something new, improvise, and build a supportive community. ALL LEVELS WELCOME, BEGINNERS TO EXPERT, AUDIENCE INVITED, too!

For info or to confirm meeting, text or call Ray Muniz 619-318-2315

**See other side for more offerings!**

\*Included in our \$111 Monthly 30-Day Pass

Schedule subject to change, TEXT to RSVP and confirm.

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tish@ExpressiveArtsSanDiego.com • www.ExpressiveArtsSanDiego.com • 619-251-8474



## WordPlay Story & Comedy Show

4th Saturdays, March 28, April 25th • 7:00 - 9:00 p.m. \$15  
 First half will be stories from Donna's WordPlay Tuesday night group then she'll invite audience for open mic. You'll laugh, you'll relate, and you might even shed a tear. **RSVP Donna Otter, 619-546-4730**

NO PREVIOUS ART EXPERIENCE NEEDED!



## WordPlay Tuesday Night Group

**NEW 4 week Session Starting March 31st • 6:30 - 8:30 p.m. \$220**

Explore storytelling and comedy through creative exercises, trying out material with others, and receiving supportive response. Not a critique group, but a "go for it!" group where you'll enjoy revealing your tender, true, and one-of-a-kind you.. **RSVP Donna Otter 619-546-4730**

**PLAY BACK THEATRE - Improv from the Heart** 2nd Saturdays: 3/14, 4/11 • 9:30 - Noon. \$20 Text Francine 858-200-6617



## Restorative Resonance Spring Sound Bath

**Friday, March 20th • 6:00 - 7:15pm - \$40 or Pay What You Can!**

Join master vocalist and healing arts practitioner Brittany Loewen for an hour of musical, meditative bliss at Expressive Arts! This peaceful community gathering will celebrate the gift of music as medicine for the mind, body, and soul. **Register at [springbath.eventbrite.com](https://springbath.eventbrite.com)**



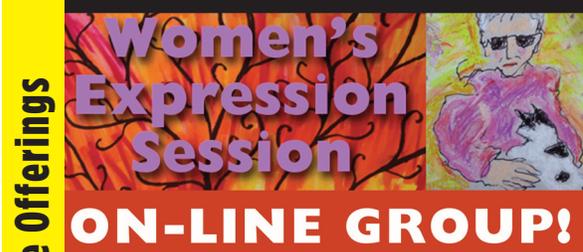
## \* Women's Expression Session - IN PERSON!

**Usually 3rd Tuesdays. Next is: 3/17, 4/21 • 10:00 - 12:15 p.m. \$30**

How are you at taking time for you? This is an attitude adjustment with art, you can de-stress from life or work, drop the kids at school and come play, return to your to-do list with a new outlook. Come relax, play in the arts, be in the company of women & maybe have an insight that helps create change! All materials are provided. **PRE-REGISTER: SCAN QR CODE (toward bottom of page) or text Tish @ (619) 251-8474.**

**Kids Classes & Camps** **After School ART and Camps for KIDS!** **CONTACT THERESE ROSSI for more info: 619-395-5847 (call or text)**

**ON-LINE OFFERINGS - JOIN US from anywhere in the world!** Register for ONLINE EVENTS at Eventbrite.com (SCAN QR CODE BELOW)



## \* Women's Expression Session - ON-LINE

**Tuesdays (Except 3rd Tuesday is in person) • 10:00 - 12:15 p.m. (Pacific Time) \$25**

How are you at taking time for you? This is an attitude adjustment with art, you can de-stress from life or work, drop the kids at school and come play, return to your to-do list with a new outlook. Come relax, play in the arts, be in the company of women & maybe have an insight that helps create change! **PRE-REGISTER: SCAN QR CODE (right) or text Tish at 619-251-8474**



## \* Art Church - Art as an Inner Journey

**3/8, 4/12 (text to confirm dates 619-251-8474) - ON-LINE 10:00 a.m.-12:15 p.m. (Pacific Time) \$25**

This is "inner church," a chance to make art from a slow, quiet place, yet still be in community. Use the arts to have a conversation with yourself and connect to your longings and gifts. (This is not religious, yet if you want to make connections to your own religious beliefs, you can.)

**PRE-REGISTER: SCAN QR CODE (above, right) or text Tish at 619-251-8474**

\*Included in our \$111 Monthly 30-Day Pass

Schedule subject to change, TEXT to RSVP and confirm.

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