



# On-Line Offerings

[www.expressiveartssandiego.com/on-line-classes](http://www.expressiveartssandiego.com/on-line-classes)

We will continue to meet on-line until we feel ready to re-open the studio. Any ideas and feedback are appreciated, this is a community effort. To stay apprised, go to our website and sign up for our email Art Spark.



**ON-LINE OFFERINGS DURING COVID-19 QUARANTINE** All regular classes are \$0 to Full Price during Covid-19



## \*Women's Expression Session

**Tuesdays** - 10:00 - 12:15 p.m., \$25. How are you at taking time for you? This is an attitude adjustment with art, you can de-stress from life or work, drop the kids at school and come play, return to your to-do list with a new outlook. I take care of the project & materials. Come relax, play in the arts, be in the company of women & maybe have an insight that helps create change!



## \* Scribble to Music -

**Wednesdays** - 6:00 - 7:45 p.m., \$20. Release stress from your life while creating a one-of-a-kind art! Playful, fun, and a chance to work with your critic if it shows up. Turn up the tunes! No experience needed! RSVP if possible.



## \* Art Church - Art as an Inner Journey - Every 2nd and 4th Sunday - ON-LINE -

10:00 a.m.-12:15 p.m. \$25. This is "inner church," a chance to make art from a slow, quiet place, yet still be in community. Use the arts to have a conversation with yourself and connect to your longings and gifts. This is not religious, yet if you want to make connections to your own religious beliefs, you can :)



## \* Writer's Open Mic -

**2nd Fridays, ON-LINE** - 7:00-9:00 p.m., \$10 donation. Bring something to read (3-5 minutes, 750 words) or come to listen & support the writers. All kinds of written creative genius\* invited: poetry, prose, fiction, memoir, story, rant, scene.

**See back for more offerings & info!**